

Alternative and Complementary Therapies and Dementia

This list is a reviewed collection of articles, books, web resources and videos prepared by the Alzheimer's Association Green-Field Library staff. To borrow items we own contact your local chapter or local library. Read more about borrowing at <http://www.alz.org/library/borrow.asp>

On this resource list:

Alzheimer's Association Resources

General

Art, Music, and Dance

Botanicals, Herbal Supplements, and Extracts

Exercise

Pet and Doll

Therapeutic Multi-Sensory Experiences

Alzheimer's Association Publications

Alternative treatments for Alzheimer's

Chicago, IL: Alzheimer's Association National Office, 2007.

http://www.alz.org/alzheimers_disease_alternative_treatments.asp

Memories in the Making

Memories in the Making is a program provided through the Alzheimer's Association of Northern California and Northern Nevada.

http://www.alz.org/norcal/in_my_community_12758.asp

Memories in the Making (blog)

Mountain View, CA: Alzheimer's Association of Northern California and Northern Nevada

<http://www.alzheimersblog.org/tag/art-and-alzheimers/?gclid=CLeBh8bX6LQCFQKRPAodzBQAxw>

General

Articles, Journal

Cohen-Mansfield, J; Jensen, B. Nursing home physicians' knowledge of and attitudes toward nonpharmacological interventions for treatment of behavioral disturbances associated with dementia. *Journal of the American Medical Directors Association*. Sep 2008; vol. 9 (7), pp. 491-498.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=18755422>

Green-Field Library owns

Howland, RH. Alternative drug therapies for dementia. *Journal of Psychosocial Nursing and Mental Health Services*. May 2011; vol. 49(5), pp. 17-20.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21553703>

Green-Field Library does not own

Hulme, C.; Wright, J; Crocker, T. Non-pharmacologic approaches for dementia that informal carers might try or access: a systematic review. *International Journal of Geriatric Psychiatry*. Jul 2010; vol. 25(7), pp. 756-763.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19946870>

Green-Field Library owns.

Moquin, B; Blackman, MR; Mitty, E; et al. Complementary and alternative medicine (CAM). *Geriatric Nursing*. May-Jun 2009; vol. 30(3), pp. 196-203.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=19520231>

Green-Field Library owns

Tabet, N; Khan, R; Idle, H. Vitamin and herbal extracts use in patients diagnosed with dementia: what do health professional know and think. *Aging and Mental Health*. Mar 2011; vol. 15(2), pp. 267-271.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=21140309>

Green-Field Library owns

Wells, RE; Phillips, RS; Schachter, SC, et al. Complementary and alternative medicine use among U.S. adults with common neurological conditions. *Journal of Neurology*. Nov 2010; vol. 257(11), pp. 1822-1831.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3050588>

Green-Field Library does not own

Wollen, KS. Alzheimer's disease: the pros and cons of pharmaceutical, nutritional, botanical, and stimulatory therapies, with a discussion of treatment strategies from the perspective of patients and practitioners. *Alternative Medicine Review: A Journal of Clinical Therapeutic*. Sep 2010; vol. 15(3), pp. 223-244.

Full text: <http://www.altmedrev.com/publications/15/3/223.pdf>. Accessed January 14, 2013.

Green-Field Library does not own

Journal

Alternative and Complementary Therapies

New Rochelle, NY: Mary Ann Leibert, Inc.

Publisher's Web site: "provides the most authoritative, evidence-based, and practical information for integrating alternative therapies and approaches into private practice or hospital integrative medicine programs. The Journal offers the latest research and top thinking in Complementary and Alternative Medicine (CAM) as it relates to key areas such as the prevention and treatment of chronic illness, mind/body approaches to disease management, and clinical applications of CAM therapies."

<http://www.liebertpub.com/ACT>

Web Resources and Organizations

Alternative medicine: evaluate claims of treatment success.

Rochester, MN: Mayo Clinic.

<http://www.mayoclinic.com/health/alternative-medicine/SA00078>

Ann Catlin with Compassionate Touch LLC

Skype video: (78 min.)

A nationally certified and licensed massage therapist and registered occupational therapist conducts a session on massage with elders

http://www.dailymotion.com/video/xqyoe1_ann-catlin-with-compassionate-touch-llc-78-minutes_lifestyle

Complementary and alternative medicine.

Bethesda, MD: National Library of Medicine.

<http://www.nlm.nih.gov/medlineplus/complementaryandalternativemedicine.html>

Botanicals, Herbal Supplements and Extracts

Gestuvo, MK; Hung, WW. Common dietary supplements for cognitive health. *Aging Health*. Feb 2012; vol. 8(1), pp. 89-97.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3311304>

Green-field Library does not own

Howes, MJ; Houghton, PJ. Ethnobotanical treatment strategies against Alzheimer's disease. *Current Alzheimer Research*. Jan 2012; vol. 9(1), pp. 67-85.

Full text: <http://www.eurekaselect.com/88590/article>. Accessed January 14, 2013.

Green-Field Library owns

Hao, Z; Liu, M; Lu, D; et al. Huperzine A for vascular dementia. *Cochrane Database of Systematic Reviews*. Apr 15, 2009, CD007365.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19370686>

Green-Field Library does not own

Jesky, R; Hailong, C. Are herbal compounds the next frontier for alleviating learning and memory impairments? An integrative look at memory, dementia and the promising therapeutics of traditional Chinese medicines. *Phytotherapy Research (PTR)*. Aug 2011; vol. 25(8), pp. 1105-1118.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=21305632>

Green-Field Library does not own

Kim, HG; Oh, MS. Herbal medicines for the prevention and treatment of Alzheimer's disease. *Current Pharmaceutical Design*. 2012; vol. 18(1), pp. 57-75

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22316321>

Green-Field Library does not own

May, BH; Lu, C; Bennett, L. Evaluating the traditional Chinese literature for herbal formulae and individual herbs used for age-related dementia and memory impairment. *Biogerontology*. Jun 2012; vol. 13(3), pp. 299-312.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22311547>

Green-Field Library does not own

Morris, MC; Tangney, CC. A potential design flaw of randomized trials of vitamin supplements. *Journal of the American Medical Association (JAMA)*. Apr 6, 2011; vol. 305(13), pp. 1348-1349.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3393521>

Green-Field Library owns

Perry, E; Howes, MJ. Medicinal plants and dementia therapy: herbal hopes for brain aging? *CNS Neuroscience Therapy*. Dec 2011; vol.; 17(6), pp. 683-698.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=22070157>

Green-Field Library does not own

Spiteri Staines, S. Herbal medicines: adverse effects and drug-herb interactions. *Journal of the Malta College of Pharmacy Practice*. Sum 2011; (17), pp. 38-42.

Full text: <http://www.mcppnet.org/publications/issue17-8.pdf>. Accessed January 14, 2013
Green-Field does not own

Takeda, M. Integration of drugs and non-pharmacological intervention to Alzheimer patients. *Psychogeriatrics*. Mar 2012; 12(1), pp. 1-2.

Full text: <http://onlinelibrary.wiley.com/doi/10.1111/j.1479-8301.2012.00410.x/pdf>.

Accessed January 14, 2013.

Green-Field Library does not own

Vellas, B; Coley, N; Ousset, PF; GuidAge Study Group. Long-term use of standardized Ginkgo biloba extract for the prevention of Alzheimer's disease (GuidAge): a randomized placebo-controlled trial. *Lancet Neurology*. Oct 2010; vol. 11(10), pp. 851-859.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22959217>

Green-Field Library has

Weeks BS. Formulation of dietary supplements and herbal extracts for relaxation and anxiolytic action: Relarian. *Medical Science Monitor: International Journal of Experimental and Clinical Research*. Download a copy for personal use at <http://www.medscimonit.com/download/index/idArt/878231>. Accessed January 14, 2013.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/19865069>

Green-Field Library does not own

Journal

Medical Herbalism Journal: A Journal for the Clinical Practitioner

Boulder, CO; North American Institute of Medical Herbalism

<http://medherb.com/MHHOME.SHTML>

Book

PDR for herbal medicines. (4th ed.)

Montvale, NJ: Thomson Healthcare, 2007. ISBN: 1563636786.

Green-Field Library Call No.: Ref QV 766 P348 2007

Web Resources

American Botanical Council

Austin, TX

A nonprofit organization founded in 1988 to provide education using science and traditional information for the responsible use of herbal medicine. The public, researchers, educators, health care professionals and anyone interested may access the herbal library of information free of charge and the herbal database, HerbMedPro, for a nominal fee.

<http://abc.herbalgram.org>. Accessed March 11, 2014

Herbal supplements face new scrutiny (news article)

Wall Street Journal; Tuesday, September 14, 2010

<http://online.wsj.com/article/SB10001424052748704190704575489812916405630.html>.

Accessed January 14, 2013.

Anastasi, JK; Chang M; Capili, B. Herbal supplements: talking with your patients. *Journal of Nurse Practitioners*. 2011; vil. 7(1), pp. 29-35. Summaries the evidence on 10 extracts, their side effects and drug interactions with recommendations for clinical practice. Registration is required.

Full text: <http://www.medscape.com/viewarticle/735530>. Accessed January 14, 2013

Green-Field Library does not own

Herbs at a glance.

Bethesda MD: National Center for Complementary and Alternative Medicine

<http://nccam.nih.gov/health/herbsataglance.htm>. Accessed January 14, 2013

International bibliographic information on dietary supplements (IBIDS) database.

Bethesda, MD: National Institutes of Health.

The International Bibliographic Information on Dietary Supplements (IBIDS) database provides access to bibliographic citations and abstracts from published, international, and scientific literature on dietary supplements.

http://ods.od.nih.gov/Health_Information/IBIDS.aspx. Accessed January 14, 2013

National Center for Complementary and Alternative Medicine.

Bethesda, MD: National Institutes of Health.

The National Center for Complementary and Alternative Medicine (NCCAM) is the

Federal Government's lead agency for scientific research on complementary and alternative medicine (CAM). Accessed January 14, 2013

<http://nccam.nih.gov>

Natural Standards Database.

Delmar, NY; Bennington, NY: Stram Center for Integrative Medicine

Natural Standards Database is an international research collaboration that compiles and synthesizes data on complementary and alternative therapies. Search the databases for herbs, conditions, and interactions.

http://www.cihh.net/index.php/supplements/national_standards_database

Accessed January 14, 2013

Art, Music, and Theater

Articles, Journal

Chatterton, W; Baker, F; Morgan K. The singer or the singing: who sings individually to persons with dementia and what are the effects? *American Journal of Alzheimer's Disease and Other Dementias*. Dec 2010; vol. 25(8), pp. 641-649.

Abstract: <http://aja.sagepub.com/content/25/8/641.abstract>

Green-Field Library owns

Cohen-Mansfield, J; Marx, MS; Freedman, LS; et al. What affects pleasure in persons with advanced stage dementia? *Journal of Psychiatric Research*. Mar 2012; vol. 46(3), pp. 402-406.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22208995>

Green-Field Library owns

Cooke, M; Moyle W; Shum, D; et al. A randomized controlled trial exploring the effect of music on quality of life and depression in older people with dementia. *Journal of Health Psychology*. Jul 2010; vol. 15(5), pp. 765-776.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20603300>

Green-Field Library does not own.

Gerdner, LA; Schoenfelder, DP. Evidence-based guideline. Individualized music for elders with dementia. *Journal of Gerontological Nursing*. Jun 2010; vol. 36(6), pp. 7-15.

Green-Field Library owns.

Gerdner, LA. Individualized music for dementia. *World Journal of Psychiatry*. Apr 22, 2012; vol. 2(2), pp. 26-32

Full-text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3782173>

Green-Field Library does not own

Hanser, SB; Butterfield-Whitcomb, J; Kawata, M; et al. Home-based music strategies with individuals who have dementia and their family caregivers. *Journal of Music Therapy*. Spr 2011; vol. 48(1), pp. 2 -27

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21866711>

Green-Field Library does not own.

Hattori, H; Hattori, C; Hokao, C. Controlled study on the cognitive and psychological effect of coloring and drawing in mild Alzheimer's disease patients.

Geriatrics & Gerontology International. Oct 2011; vol. 11(4), pp. 431-437.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=21518170>

Green-Field Library does not own.

Hokkanen, L; Rantala, L; Remes, AM; et al. Dance and movement therapeutic methods in management of dementia: a randomized, controlled study. *Journal of the American Geriatric Society*. Apr 2008; vol. 56(4), pp. 771-772.

Abstract: no abstract available

Green-Field Library owns

Kontos, PC; Mitchell, GJ; Mistry, B; et al. Using drama to improve person-centered dementia care. *International Journal of Older People Nursing*. Jun 2010; vol. 5(2), pp. 159-168.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=20925717>

Green-Field Library does not own.

Lin, Y; Chu, H; Yang, CY; et al. Effectiveness of group music intervention against agitated behavior in elderly persons with dementia. *International Journal of Geriatric Psychiatry*. Jul 2011; vol. 26(7), pp. 670-678.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20672256>

Green-Field Library owns

Simmons-Stern, NR; Budson, AE; Ally, BA. Music as a memory enhancer in patients with Alzheimer's disease. *Neuropsychologia*. Aug 2010; vol. 48(10), pp. 3164-3167.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2914108>.

Green-Field Library does not own.

Sung, HC; Lee, WL; Li TL; et al. A group music intervention using percussion instruments with familiar music to reduce anxiety and agitation of institutionalized older adults with dementia. *International Journal of Geriatric Psychiatry*. Jun 2012; 27(6), pp. 621-627.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21823174>

Green-Field Library owns

Van Dijk, AM; van Weert, JC; Droes, RM. Does theatre improve the quality of life of people with dementia? *International Psychogeriatrics*. Mar 2012; vol. 24(3), pp. 367-381.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22040605>

Green-Field Library owns

Web Resources

Art and music therapy for Alzheimer's disease

Medscape; WebMD: Atlanta, GA

<http://www.webmd.com/alzheimers/alzheimers-therapies-music-art-more>. Accessed January 14, 2013

ARTZ is Artists for Alzheimer's®

A nonprofit organization aimed at enhancing the creative and cultural life of people with dementia, to help them express themselves and lessen the stigma.

<http://www.artistsforalzheimers.org>. Accessed January 14, 2013

Dance movement therapy and Alzheimer's (bibliography)

Columbia, MD: American Dance Therapy Association

<http://www.adta.org/resources/Documents/Info-Sheet-DMT-Alzheimer-s-with-Resource-Bib.pdf>. Accessed January 14, 2013

Drama therapy can coax Alzheimer patients back to reality, briefly

Garrett, K

Manhattan KS: Kansas State University

K-State Perspectives; Fall/Win 2006.

<http://www.k-state.edu/media/webzine/aging/dramatherapy.html>

Accessed January 14, 2013

Exercise

Ahlskog, JE; Geda, YE; Graff-Radford, NR; et al. Physical exercise as a preventive or disease-modifying treatment of dementia and brain aging. *Mayo Clinical Proceedings*. Sep 2011; vol. 86(9), pp. 876-884.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3258000>

Green-Field Library does not own

Anderson-Hanley, C; Arciero, PJ; Brickman, AM; et al. Exergaming and older adult cognition: a cluster randomized clinical trial. *American Journal of Preventative Medicine*. Feb 2012; vol. 42(2), pp. 109-119.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22261206>

Green-Field Library does not own

Potter, R; Ellard, D; Rees K; et al. A systematic review of the effects of physical activity on physical functioning, quality of life and depression in older people with dementia. *International Journal of Geriatric Psychiatry*. Oct 2011; vol. 26(10), pp. 1000-1011

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21905096>

Green-Field Library has

Rolland, Y; Abellan van Kan, G; Vellas, B. Healthy brain aging: role of exercise and physical activity. *Clinics in Geriatric Medicine*. Feb 2010; vol. 26(1), 75-87.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20176294>

Green-Field Library owns.

Scherder, EJ; Bogen, T; Eggermont, LH; et al. The more physical inactivity, the more agitation in dementia. *International Psychogeriatrics*. Dec 2010; vol. 22(8), pp. 1203-1208.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/20813077>

Green-Field Library owns

Thune-Boyle, IC; Iliffe, S; Cerga-Pashoja, A; et al. The effect of exercise on behavioral and psychological symptoms of dementia: towards a research agenda. *International Psychogeriatrics*. 2012 Jul; vol. 24(7), pp. 1046-1057.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22172121>

Green-Field Library owns

Ward, R; Campbell, S; Kehoe, P; et al. Remember the body: promoting physical health in dementia care. *Journal of Dementia Care*. Mar-Apr 2011; vol. 19(2), pp. 26-29.

Abstract: no abstract available

Green-Field Library owns

Yerokhin, V; Anderson-Hanley, C.; Hogan, MJ. Neuropsychological and neurophysiological effects of strengthening exercise for early dementia: a pilot study. *Neuropsychology, Development, and Cognition. Section B, Aging, Neuropsychology and Cognition*. 2012; vol. 19(3), pp. 380-201.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=22136405>

Green-Field Library does not own

Yu, R; Swartwood, RM. Feasibility and perception of the impact from aerobic exercise in older adults with Alzheimer's disease. *American Journal of Alzheimer's Disease and Other Dementias*. Sep 2012; vol. 27(6), pp. 397-405.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22871905>

Green-Field Library owns

Pet / Doll Therapies

Articles, Journal

Buettner, L. Pet encounters: animal-assisted therapy for frail older adults. *Activities Directors' Quarterly for Alzheimer's and Other Dementia Patients*. Win 2008; vol. 9 (1), pp. 29-45.

Abstract: <http://pnpcsw.pnpco.com/cadmus/testvol.asp?journal=adq&year=2008>

Green-Field Library owns

Cohen-Mansfield, J; Marx, MS; Thein, K; et al.

The impact of past and present preferences on stimulus engagement in nursing home residents with dementia. *Aging and Mental Health*. 2010 Jan; vol.14(1), pp. 67-73.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3131104>. Accessed January 14, 2013.

Updates previous research by demonstrating that residents with current interests in pets may be a predictor of greater responsiveness to pet stimuli.

Green-Field Library owns

Higgins, P. Using dolls to enhance the wellbeing of people with dementia in residential care. *Nursing Times*. Oct 5–11 2010; vol. 106(39), pp. 18-20.

Full test: <http://www.nursingtimes.net/using-dolls-to-enhance-the-wellbeing-of-people-with-dementia/5020017.article>

Green-Field Library does not own.

Marx, MS. The Impact of different dog-related stimuli on engagement of persons with dementia. *American Journal of Alzheimer's Disease and Other Dementias*. Feb 2010; vol. 25(1), pp. 37-45.

Full test: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3142779>. Accessed January 14, 2013

Green-Field Library owns

Minshall, K. The impact of doll therapy on well-being of people with dementia. *Journal of Dementia Care*. Mar-Apr 2009; vol. 17(2), pp. 35-38

Abstract: <http://www.careinfo.org/the-impact-of-doll-therapy-on-well-being-of-people-with-dementia>

Green-Field Library owns.

Robinson, H. Animal assisted therapy in mental health. *Activities Directors' Quarterly*. 2010; vol. 11(2), pp. 7 -14.

Abstract: <http://pnpcsw.pnpco.com/cadmus/testvol.asp?journal=adq&year=2010>

Green-Field Library has

Organizations

Pet Partners

Bellevue, WA

Formerly the Delta Society, Pet Partners is a non-profit organization offering animal-assisted therapy programs to screen and train volunteers for work in the community.

<http://www.petpartners.org>

Therapy Dogs International

Flanders, NJ

A volunteer organization that helps regulate, test, and register therapy dogs and their handlers for the purpose of offering assistance to patients and residents in hospitals, nursing homes and other institutions.

<http://www.tdi-dog.org/Default.aspx>

Therapeutic Multi-Sensory Experiences

Articles, Journal

Almuth, B, Sadowski, K; Beyrodt, M; et al. Snoezelen structured reminiscence therapy and 10-minutes activation in long term care residents with dementia (WISDE): a study protocol of a cluster randomized controlled trial. *BMC Geriatrics*. Jan 31, 2010, 10(5), published online.

Full text: <http://www.biomedcentral.com/content/pdf/1471-2318-10-5.pdf>

Green-Field Library does not own.

Brown, J. Laughter as medicine. *CDS Review*. Dec 2011; vol. 104(7), pp. 26-27. Full text: http://www.cds.org/uploadedFiles/News/CDS_Review/cds_rev-dec2011.pdf

Green-Field does not own

Fan, JT; Chen, MT. Using silver yoga exercises to promote physical and mental health of elders with dementia in long-term care facilities. *International Psychogeriatrics*. Oct 2011; vol. 23(8), pp. 1222-1230.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=21518170>

Green-Field Library owns

Fung, JK; Tsang, HW; Chung, RC. A systematic review of the use of aromatherapy in treatment of behavioral problems in dementia. *Geriatrics and Gerontology International*. Jul 2012; vol. 12(3), pp. 372-382.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=22433025>

Green-Field Library does not own

Hendrick, R. Tracking indifference-clowning, dementia, and the articulation of a sensitive body. *Medical Anthropology*. 2012; 31(6), pp. 459-476.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=22985107>

Green-Field does not own

Kverno, KS. Research on treating neuropsychiatric symptoms of advanced dementia with non-pharmacological strategies, 1998-2008: a systematic literature review. *International Psychogeriatrics*. Oct 2009, vol. 21 (5), pp. 825-843.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3058045>

Green-Field Library owns

Lee, MS; Choi, J; Posandzki, P; et al. Aromatherapy for health care: an overview of systematic reviews. *Maturitas*. Mar 2012; vol. 71(3), pp. 257-260.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22285469>

Green-Field Library does not own.

Moyle W.; Johnston, AN; O'Dwyer, ST. Exploring the effect of foot massage on agitated behaviors in older people. *Australasian Journal on Ageing*. Sep 2011; vol. 30(3), pp. 159-161.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/21923711>

Green-Field Library does not own.

Padilla, R. Effectiveness of environment-based interventions for people with Alzheimer's disease and related dementias. *American Journal of Occupational Therapy*. Sep-Oct 2011; vol. 65(5), pp. 514-522.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22026319>

Green-Library does not own

Simard, J; Volicer, L. Effects of Namaste Care on residents who do not benefit from usual activities. *American Journal of Alzheimer's Disease and Other Dementias*. Feb 2010; vol. 25(1), pp. 46-50.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed?term=19332652>

Green-Field Library owns

Takeda M.; Hashimoto, R; Kudo, T; et al. Laughter and humor as complementary and alternative medicines for dementia patients. *BMC Complementary and Alternative Medicine*. Jun 29 2010; vol. 10(28), online.

Full text: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2896339>

Green-Field Library does not own

Trueland, J. Soothing the senses. *Nursing Standard*. Jun 27 – Jul 3, 2012; vol. 26(43), pp. 20-22.

Abstract: <http://www.ncbi.nlm.nih.gov/pubmed/22860342>

Green-Field Library does not own

Book

Barbara Larsen. *Movement with Meaning: A Multi-Sensory Program for Individuals with Early-Stage Alzheimer's Disease*.

Baltimore, MD: Health Professions Press

Green-Field Library Call No.: WM 450 L37 2006

Video

Sensitive massage

1 videocassette (29 min.)

Discusses the effectiveness and techniques of therapeutic massage and focused touch for residential care staff.

http://www.compassionate-touch.org/index.php?submenu=purchase_dvd&src=gendocs&ref=PurchaseDVD&category=Resources



Alternative and Complementary Therapies and Dementia

A selected list of references compiled by
Mary Ann Urbashich, M.A.L.S.

*Alzheimer's Association Green-Field Library and Resource Center
Alzheimer's Association National Office
Chicago, IL*

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